



#E-LIFE HACKS

As you have more time on hands, you may think about doing some DIY and decorating. Below are some life hacks that may help you out!

PAINTING LIFE HACKS

Always use the best quality paintbrushes your budget allows. Cheap brushes often shed their bristles and end up on the wall or item you're painting. |



If you are taking a break from painting, you don't have to wash the brushes out every time. If you wrap the head of the brush in clingfilm it will keep it ready to use when you are ready to carry on painting, just unwrap the clingfilm and you're ready to go.



If you're painting doors, wrap the handles or knobs with silver foil to avoid getting paint on them. Then remove the foil when the paint has dried.



Always make sure you stir paint before using it. If the paint has sat for a while, it may have separated and you won't get the same shade each time.

BE PREPARED...

Having everything ready before you start painting and decorating will make life easier, below are a few preparation tips:

- ~ Make sure you have cleared all big furniture away from the walls before you start.
- ~ Use old curtains or duvet cover as dust sheets, use these to cover furniture and for on the floor to protect the carpet.
- ~ Prepare edges and doorframes with masking tape to prevent getting paint where you don't want it!
- ~ Make sure surfaces are clean and dry before you start painting.
- ~ Always keep a damp cloth handy to wipe any drips or mistakes as you go. Once paint dries it's harder to remove.

BE BRAVE WITH COLOUR

If you're looking for a change, why not try out several different colours on the wall first? Most DIY shops sell tester pots of paint colours and some are also available online, they are usually only a couple of pounds. By seeing the colours on the wall, you can see how they look with other furnishings such as curtains and carpets. Happy painting!



Look out for ideas about staying active, being creative and much more in the upcoming weeks!



Also, take a look at our Instagram page, [participation_team](#), for fun daily updates.

We love to hear from you too so why not contact us at VSK_Participation@kent.gov.uk or through the [Contact Us](#) pages on the Kent Cares Town website!

THE PARTICIPATION TEAM